



Academic C.V.
Dr. Parvaneh Taymoori
Professor of Health Education
Kurdistan University of Medical Sciences
Sanandaj IRAN
Updated June 2018

Personal Details:

Name: **Parvaneh Taymoori**
D.O.B. 23/Sep/1964 (1 Meher 1342)
Email: parvaneh.tay@gmail.com
Kurdistan University of Medical Sciences, Health School
Pasdaran Street Sanandaj Islamic Republic of Iran

Academic Qualifications:

PhD 2007 Health Education
Tarbiat Modares University, Iran, Tehran
Master of Science 1996 Health Education
Tehran University of Medical Sciences the School of Health Tehran -Iran
Bachelor of Science 1990 Public Health
Shahid Beheshti University of Medical Sciences the School of Health, Tehran - Iran

Positions and Work Experiences:

Professor and Faculty Member, Kurdistan University of Medical Sciences
1996-present
Head of Health Education and Promotion Department 2007- 2015
Lecturer Kurdistan University of Medical Sciences Sanandaj -Iran 1996-present

Ph.D. Thesis: A School-Based Randomized Controlled Trial to Improve Physical Activity among Iranian High School Girls

Selected publications:



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<p>Title: Tracking of physical activity during middle school transition in Iranian adolescents Journal: Health Education Journal, 2012; vol. 71, 6: pp. 631-641 Authors: Parvaneh Parvaneh Taymoori, Tanya R. Berry and David R. Lubans</p>	1
<p>Title: Developing an instrument to measure dental flossing in Iranian adolescents Authors: Parvaneh Taymoori¹, Arezoo Fallahi², Tanya Berry³ Journal, Vol, No: Eastern Journal of Medicine Vol 16, No 4 (2011)</p>	2
<p>Title: Development and psychometric testing of the Adolescent Healthy Lifestyle Questionnaire Authors: Parvaneh Taymoori¹, Babak Moeini², David Lubans³, Mitra Bharami¹ Journal, Vol, No: J Edu Health Promot 2012, 1(13)</p>	3
<p>Title: Predicting mammography stage of adoption among Iranian women Authors: Parvaneh Taymoori¹, Tanya Berry², Fariba Farhadifar³ Journal, Vol, No: J Edu Health Promot 2012, 1(13)</p>	4
<p>Title: A Delphi study to curriculum modifying through the application of the course objective and competencies Authors: Parvaneh Taymoori¹, Mehdi Moshki² Journal, Vol, No: J Edu Health Promot 2013</p>	5
<p>Title: Differences in Health Beliefs Across Stage of Adoption of Mammography in Iranian Women. Authors: Taymoori P¹, Berry T, Roshani D.</p>	6



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<p>Journal, Vol, No: Cancer Nurs. 2014 May-Jun;37(3):208-17. doi: 10.1097/NCC.0b013e31829194bc. Authors: Taymoori P¹, Berry T, Roshani D.</p>	
<p>Title: Facilitator Psychological Constructs for Mammography Screening among Iranian Women. Authors: Taymoori P¹, Moshki M, Roshani D. Year of Publication: 2014 Journal, Vol, No: Asian Pac J Cancer Prev. 2014;15(17):7309-16.</p>	7
<p>Title: Factors Related in Mammography Screening Adoption: an Application of Extended Parallel Process Model Authors: Elaheh Vatannavaz, Parvaneh Taymoori Journal, Vol, No: Journal of Biology and Today's World, 2014 Oct; 3 (10): 218-222</p>	8
<p>Title: Effects of a Randomized Controlled Trial to Increase Repeat Mammography Screening in Iranian Women Authors: Taymoori P¹, Molina Y, Roshani D. Journal, Vol, No: Cancer Nurs. 2015 Jul-Aug;38(4):288-96. doi: 10.1097/NCC.0000000000000185.</p>	9
<p>Title: Longitudinal changes in beliefs by stage of physical activity adoption in Iranian girls. Journal, Vol, No: J Sch Health. 2015 May;85(5):299-308. doi: 10.1111/josh.12251. Authors: Taymoori P¹, Berry TR.</p>	10



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<p>Title: The relationship of social support concept and repeat mammography among Iranian women. Authors: Farhadifar F¹, Taymoori P², Bahrami M³, Zarea S⁴.</p> <p>Journal, Vol, No: BMC Womens Health. 2015 Oct 24;15:92. doi: 10.1186/s12905-015-0253-7.</p>	11
<p>Title: Self-derogation and peer approval of drug abuse amongst male secondary school students. Authors: Parvaneh Taymoori, Haidar Nadrian, Arezoo Fallahi, Bijan Noori Journal, Vol, No: Journal of Research & Health 2016 , Volume 6 , Number 2; Page(s) 222 To 229. 2016</p>	12
<p>Title: Relapse and Risk-taking Among Iranian Methamphetamine Abusers Undergoing Matrix Treatment Model. Authors: Parvaneh taymoori, Tahereh Pashaei</p> <p>Journal, Vol, No: Addiction & Health. 2016, 8(1)</p>	13
<p>Title: Mediators of repeat mammography in two tailored interventions for Iranian women. Authors: Fariba Farhadifar, Yamile Molina, Parvaneh Taymoori*, Setareh Akhavan</p>	14



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<p>Journal, Vol, No: BMC Public Health Journal. 2016 Feb 13;16(1):149. doi: 10.1186/s12889-016-2808-4.</p>	
<p>Title: An Investigation into the Life Quality of Pulmonary Tuberculosis Patients Referring to Rural and Urban Health Centers Affiliated to Kurdistan University of Medical Sciences and its Relation with their Individual Characteristics in 2009-2010</p> <p>Authors: Bahram Nik-Khoo, Parvaneh Taymoori, Fariba Farhadifar, Nasrin Aliramaei, Ezatollah Rahimi</p> <p>Journal, Vol, No: Life Science Journal 2013;10(7s)</p>	15
<p>Title: Effect of Life Skills Training on Drug Abuse Preventive Behaviors among University Students</p> <p>Journal, Vol, No Int J Prev Med. 2014 May;5(5):577-83.</p> <p>Authors: Moshki M¹, Hassanzade T², Taymoori P³.</p>	16
<p>Title: The Trans-theoretical model: Changes in health beliefs among female adolescents in Iran during 3 years</p> <p>Authors: Mona Mohammadkhani¹, Parvaneh Taymoori ^{*2}, Daem Roshani³</p> <p>Journal, Vol, No: Chron Dis J 2014; 2(1)</p>	17
<p>Title: Explaining practitioners' views on the relationship between religion/spirituality and</p>	18



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health.

Author: Parvaneh Taymoori

Journal, Vol, No: International Research Journal of Applied and Basic Sciences 2016; 10(1), 13-16.



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<p>Title: Relationship Between Perceived Risk and Physician Recommendation and Repeat Mammography in the Female Population in Tehran, Iran.</p> <p>Author: Moshki M¹, Taymoori P, Khodamoradi S, Roshani D.</p> <p>Journal, Vol, No: Asian Pac J Cancer Prev. 2016;17 Spec No.:161-6</p>	1 9
<p>Title: Evaluation of the Relationship Between Family History of Breast Cancer and Risk Perception and Impacts on Repetition of Mammography.</p> <p>Author: Khoshravesh S¹, Taymoori P, Roshani D.</p> <p>Journal, Vol, No: Asian Pac J Cancer Prev. 2016;17 Spec No.:135-41.</p>	2 0
<p>Title: The effect of puberty health education based on health belief model on health behaviors and Preventive among teen boys in Marivan.</p> <p>Authors: Rohollah Valizade¹ ; Parvaneh Taymoori² ; Fayegh Yousefi Yousefi³ ; Leila Rahimi⁴ ; Naseh Ghaderi ⁵</p> <p>Journal: International Journal of Pediatrics. Volume 4, Issue 8 - Serial Number 32, August 2016, Page 3271-3281</p>	2 1
<p>Title: Underlying predictors of tobacco smoking in Iranian teenagers: Generalized Structural Equation Modeling</p> <p>Authors: Fariba Khayyati¹; Parvaneh Taymoori²; Asghar Mohammadpoorasl³; Hamid Allahverdipour⁴; Mohammad Asghari Jafarabadi</p> <p>Journal: International Journal of Pediatrics, Volume 4, Issue 9 - Serial Number 33, September 2016, Page 3461-3473</p>	2 2
<p>Title: Psychometric properties of the mammography self-efficacy and fear of breast cancer scales in Iranian</p>	2



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women. Authors: Mahdi Moshki1, Shole Shahgheibi2*, Parvaneh Taymoori3, Amjad Moradi4, Deam Roshani3 and Cheryl L. Holt5. BMC Public Health (2017) 17:534 DOI 10.1186/s12889-017-4404-7	3
Title: Awareness and attitude assessment toward toxic metal contaminated rice based on the Health Belief Model. Authors: Leili Shafiei, Parvaneh Taymoori*, Afshin Maleki, Katayoun Yazdanshenas. J Adv Environ Health Res, Vol. 4, No. 2, Spring 2016	2 4
Title: A School-Based Randomized Controlled Trial to Improve Physical Activity among Iranian High School Girls Journal, Vol, No: Published in International Journal of behavior nutrition and physical activity 2008, 5:18 doi:10.1186/1479- Authors: Parvaneh Taymoori*, Shamsaddin Niknami, Tanya Berry, David Lubans, Fazloalha Ghofranipour, and Anoshirvan Kazemnejad.	2 5
Title: Mediators of physical activity behavior following a randomized controlled trial involving Iranian adolescent girls Journal, Vol, No: Psychology of Sport and Exercise 9 (2008) 605–619 Authors: Parvaneh Taymoori*; David Lubans	2 6
Title: Application of a social cognitive model in explaining physical activity in Iranian female adolescents Journal, Vol, No: Health Educ Res. Vol.25 no.2 2010, Pages 257–267 Authors: P. Taymoori1*, R. E. Rhodes2 and T. R. Berry3	2 7



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<p>Title: Evaluation of the Health Promotion Model to Predict Physical Activity in Iranian Adolescent Boys Journal, Vol, No: Health Education & Behavior, Vol. 37(1): 84-96 (February 2010) Authors: Parvaneh Taymoori*; David Lubans; Tanya Berry</p>	2 8
<p>Title: The Validity and Reliability of Champion’s Health Belief Model Scale for Breast Cancer Screening Behaviors Among Iranian Women Journal, Vol, No: Cancer Nursing. 32(6):465-472 Authors: Taymoori, Parvaneh*; Berry, Tanya</p>	2 9
<p>Title: Application of the Health Promotion Model to Predict Stages of exercise behavior in Iranian adolescents Journal, Vol, No: Eastern Mediterranean Health Journal Vol. 15, No. 5, 2009 Authors: Parvaneh Taimoori*, Shamsaddin Niknami, Tanya Berry, Fazloalha Ghofranipou, Anoshirvan kazemnejad</p>	3 0
<p>Title: The Prevalence of Cigarette Smoking among Adolescents in Marivan City- Iran: based on Health Belief Model (HBM). Authors: Naseh Ghaderi, Parvaneh Taymoori, *Fayegh Yousefi, Bijan Nouri Journal: International Journal of Pediatrics, Volume 4, Issue 9 - Serial Number 33, September 2016, Page 3405-3413</p>	3 1
<p>Title: Effect of Environmental Intervention on the Consumption of Rice without Toxic Metals Based on the Health Belief Model and Ecological-Social Model. Authors: Leili Shafiei, Parvaneh Taymoori*, Afshin Maleki, Bijan Nouri J Clin Diagn Res. 2017 Jul; 11(7): JC01–JC06.</p>	3 2



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<p>Title: Environmental interventions based on the Health Belief Model and the Ecological-social model in the continuation of consumption of rice, free from toxic metals.</p> <p>Authors: Shafiei L, Taymoori P , Maleki A, Sayehmiri K. Electron Physician. 2018 Jan 25;10(1):6153-6163. doi: 10.19082/6153. eCollection 2018 Jan.</p>	3 3
<p>Title: The effect of educational intervention based on an Ecological-social model on consuming fruit and vegetables in women in Ilam.</p> <p>Authors: Shafiei L, Taymoori P , Maleki A, Sayehmiri K. Electron Physician. 2017 Dec 25;9(12):5954-5959. doi: 10.19082/5954. eCollection 2017 Dec.</p>	3 4
<p>Title: Educational Intervention Based on Protection Motivation Theory to Improve Vitamin E and C Consumption among Iranian Factory Workers.</p> <p>Authors: Sahar Mohammad Nabizadeh1, Parvaneh Taymoori *2, Mohammad Saleh Hazhir3, Mehra Shirazi4, DaemRoshani5 Journal of Clinical and Diagnostic Research, 2018, Oct, Vol-12(10): JC01-JC06</p>	3 5
<p>Title: Predicting vitamin E and C consumption intentions and behaviors among factory workers based on protection motivation theory</p> <p>Authors: Sahar Mohammad Nabizadeh1, Parvaneh Taymoori1*, Mohammad Saleh Hazhir2, Mehra Shirazi3, Daem Roshani4 and Behzad Shahmoradi1 Environmental Health and Preventive Medicine, (2018) 23:51 ,https://doi.org/10.1186/s12199-018-0742-z</p>	3 6
<p>Title: validation of the farsi version of the medical outcomes study-social support survey for</p>	3



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mammography. Maryam Khazae-Pool; Mitra Bahrami; John S Luque; Tahereh Pashaei; Parvaneh Taymoori; Deam Deam Roshani BMC Public Health. 2019	7
Understanding the relapse process: Exploring Iranian women's substance use experiences. Khazae-Pool, M., Pashaei, T., Nouri, R., Taymoori, P., Ponnet, K. 2019. Substance Abuse: Treatment, Prevention, and Policy 14(1),27	3 8
Assessment and analysis of the lifestyle indices in regard to the status of nutrition and physical activity in middle-aged people (30-50 years of age) in <u>Kurdistan</u> by using the data of apple system. Scientific Journal of Kurdistan University of Medical Sciences 23(6), pp. 59-71	
Mediators Of Behavior Change In Intervention On Vitamins E And C Consumption Based On Protection Motivation Theory. Sahar Mohammad Nabizadeh , Parvaneh Taymoori* , Behzad Shahmoradi. J Biochem Tech (2018) Special Issue (2): 83-89 ISSN: 0974-2328	4 0



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Research Interests:

Health Psychology, Breast Cancer Screening Behaviors, Physical Activity

Key Skills:

Health Educationalist/Public health with experience in both teaching and research in an under-graduate and Post Graduate university. Involved in regular teaching of courses such as Public Health, Family Health, Research Methodology, Health Education and Promotion. The main area of my research interest is investigation of Behavior change theories, Breast cancer, and cancer screening behaviors.

Professional experience:

- 1) Academic member of social determinants of health, Kurdistan University of Medical Sciences
- 2) Academic member of Department of Public Health, Kurdistan University of Medical Sciences

I have been involved in teaching of the following subjects:

1. Family health for Medical students
2. Health Education for Medical students
3. Health education for B.Sc students
4. Health Communication for M.Sc students& B.Sc students



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5. Sociology of Health for B.Sc & M. Sc students
6. Public Health for B.Sc students
7. Research Methodology for M. Sc students & Ph.D candidates
8. School Health for M.Sc students
9. Health communication for Preventive Medicine residents

Research activities

1. Analyzing determinant factors on breast cancer's preventive behaviors based on Health Belief Mode, stage of change, social support, self- efficacy theory, theory of planned behavior Model.
2. Planning randomized control trial to increase breast cancer's preventive behaviors like mammography.
3. Assessing pattern and trend of obtaining first mammography and being on schedule. Assessing effect of relationship between physician and clients on breast cancer's preventive behaviors like mammography.



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4. Assessing effect of perceived fear and threat related breast cancer on breast cancer screening behaviors.
5. Psychometric studies to validate and reliability some tools based on health behavior theories and Models for breast cancer screening behaviors among Iranian women.
6. Applying theory of planned behavior Model for predicting breast cancer screening behaviors

Honors and Awards

Receiving scholarship from American society of Behaviour Nutrition and Physical Activity 2009